

NAME \_\_\_\_\_ CHURCH ATTENDED \_\_\_\_\_

PRIEST/PRESIDER \_\_\_\_\_

**18<sup>th</sup> Sunday in Ordinary Time** (Green)

**Spiritual** reflection on the scripture and homily of the weekend liturgy

- What is God saying to me through these Scripture readings?
- What word or phrase touched me or was memorable from the Gospel or Homily?
- *What is one thing I can do this week to help me become a better version of myself?*

**Aug. 2, 09** Exodus 16:2-4,12-15; Psalm 78:3-4,23-25,54; Ephesians 4:17,20-24; John 6:24-35

- What role does Eucharist have in your spiritual life?
- Where is Christ's presence most visible for you?

**19<sup>th</sup> Sunday in Ordinary Time** (Green)

Church Attended \_\_\_\_\_ Priest/Presider \_\_\_\_\_

**Spiritual** reflection on the scripture and homily (see above questions)

**Aug. 9, 09** 1 Kings 19:4-8; Psalm 34:2-9; Ephesians 4:30-5:2; John 6:41-51

- In today's Gospel, how does John insist that Jesus is divine? How does he offer us eternal life?
- How have you tasted and seen the goodness of the Lord?

**16<sup>th</sup> Sunday in Ordinary Time** (Green)

**Spiritual** reflection on the scripture and homily of the weekend liturgy

**Aug. 16, 09** Proverbs 9:1-6; Psalm 34:2-7; Ephesians 5:15-20; John 6:51-58

- Jesus promises us eternal life if we follow him and believe. What makes it hard for you to believe? What is easy about faith?
- How does your faith in Jesus nourish your own life? How does the Eucharist nourish you?

**21<sup>st</sup> Sunday in Ordinary Time** (Green)

Church Attended \_\_\_\_\_ Priest/Presider \_\_\_\_\_

**Spiritual** reflection on the scripture and homily (see above questions)

**Aug. 23, 09** Joshua 24:1-2a,15-18b; Psalm 34:2-3,16-21; Ephesians 5:21-32; John 6:60-69

- Who do you know who really struggles with believing? What can you do to help them struggle through doubt?
- To whom do you go when you are looking for meaning or answers to life's questions?